

TEST REPORT

Lab Id No.: VAL/2609/280030

Report Date: 05-10-2026

Name & Address	Registration Date	Analysis Start Date	Analysis End Date
Best Source Nutrition Private Limited GF, Shop 16, Gayatri Darshan, Thakur Complex, Kandivali (E), Mumbai, Maharashtra, India - 400101	28-09-2026	28-09-2026	05-10-2026

Particulars of Sample Submitted

1) Sample Name: Omega 3 Capsules

2) Batch No/Lot No: --

4) Date of Collection: 23-09-2026

6) Sample Condition: Acceptable

8) Sampling Details: NA

10) Other Information: --

3) Sample Quantity: Approx. 100 gm.

5) Description: Sample packed in plastic Container.

7) Sample Submitted By: Courier.

9) Sample Drawn By: NA

Analysis Results

Sr. No.	Test Parameter	Unit	Test Method	Test Result	%RDA
Discipline - CHEMICAL					
Group - NUTRACEUTICALS & FUNCTIONAL FOODS					
1	Energy	Kcal/100g	VAL/SOP/0017	899.8	45.0
2	Saturated fat	g/100g	IS 548 (Part 3/Sec 1) : 2021	28.46	129.4
3	Unsaturated fat	g/100g	IS 548 (Part 3/Sec 1) : 2021	71.52	-
4	Trans fat	g/100g	IS 548 (Part 3/Sec 1) : 2021	ND<0.05	0.0
5	Carbohydrate	g/100g	IS 1656 : 2022	ND<0.5	-
6	Total Sugar	g/100g	IS 6287:1985	ND<0.5	-
7	Sugar as Sucrose	g/100g	IS 6287:1985	ND<0.5	0.0
8	Sodium	mg/100g	VAL/MOA/0018	ND<0.5	0.0
9	Cholesterol	mg/100g	AOAC 22nd Edition: 2023	30.33	-
10	Fat	g/100g	FSSAI 01.024:2022	99.98	149.2
11	Monounsaturated Fat	g/100g	IS 548 (Part 3/Sec 1) : 2021	10.36	-
12	Polyunsaturated Fat	g/100g	IS 548 (Part 3/Sec 1) : 2021	61.17	-
13	Protein (N*6.25)	g/100g	IS 7219 :1973	ND<0.1	-
14	Omega 3	g/100g	IS 548 (Part 3/Sec 1) : 2021	37.91	-

Remarks:

- % values are based on a 2000 calories diet as per FSSAI gazette dtd. 17th Nov. 2020.

A. Baig

AUTHORIZED SIGNATORY

Ayesha Baig
Manager
(Chemical)

M. Chaudhari

AUTHORIZED SIGNATORY

Mamta Chaudhari
Manager
(Chemical)

**** END OF REPORT ****



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Notes:

- Results pertain only to the sample tested. Test report shall not be reproduced except in full, without written approval of the Technical Manager.
- Sample(s) will be retained by us for a period of 15 days for non-perishable items only. Perishable items will be destroyed after completion of test.
- Subject to Thane Jurisdiction.
- ND - Not detected, BLQ- Below limit of quantification, NMT - Not more than, NLT - Not less than. BDL - Below Detection Limit.



TC Cert. & Scope

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Particulars of Sample Submitted

- | | |
|--|--|
| 1) Sample Name: Omega 3 Capsules | 3) Sample Quantity: Approx. 100 gm. |
| 2) Batch No/Lot No: -- | 5) Description: Sample packed in plastic Container. |
| 4) Date of Collection: 23-09-2026 | 7) Sample Submitted By: Courier. |
| 6) Sample Condition: Acceptable | 9) Sample Drawn By: NA |
| 8) Sampling Details: NA | |
| 10) Other Information: -- | |

Analysis Results

Sr. No.	Test Parameter	Unit	Test Method	Test Result	%RDA
Discipline - CHEMICAL					
Group - NUTRACEUTICALS & FUNCTIONAL FOODS					
1	Docosahexaenoic Acid (DHA)	g/100g	IS 548 (Part 3/Sec 1) : 2021	17.75	-
2	cis-5,8,11,14,17-Eicosapentaenoic(EPA)	g/100g	IS 548 (Part 3/Sec 1) : 2021	19.02	-

Remarks:

- % values are based on a 2000 calories diet as per FSSAI gazette dtd. 17th Nov. 2020.

Mheudhari

AUTHORIZED SIGNATORY
Mamta Chaudhari
Manager
(Chemical)

**** END OF REPORT ****



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